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#### **RESEARCH ARTICLE**

## Study On The Development Status And Inheritance Of Yi Nationality "Tiaocai Dance" In Dali, Yunnan

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ARTICLE INFO	ABSTRACT
Received: Aug 24, 2024	This paper mainly introduces the research background and significance,
Accepted: Oct 19, 2024	domestic and foreign research status, research methods and content framework of the"Tiaocai" dancing, summarizes the origin, history,
Keywords	characteristics and style of the "Tiaocai" dancing in Dali, and discusses its status and influence in the Yi nationality culture. The paper also analyzes the development status of Yi nationality "Tiaocai" dancing in the contemporary
Tiaocai dancing	society, including the inheritance group and inheritance methods,
Yi nationality	performance forms and transmission channels, as well as the main problems
Cultural inheritance	and challenges faced. In view of these problems, this paper puts forward a
Ethnic culture	series of inheritance strategies, such as strengthening the construction of
	inheritance cultivation and incentive mechanism, innovating performance forms and communication channels, and exploring cultural connotation. In
*Corresponding Author:	addition, the article also emphasizes the important value of the Yi nationality
suyi3711@gamil.com	"Tiaocai" dancing in promoting ethnic cultural exchange and integration, promoting the development of local economy and the prosperity of cultural
	industry, and enhancing national identity and cohesion. Finally, the paper predicts the future development trend, and proposes the insufficient research and future research directions.

#### **INTRODUCTION**

#### **1.1 Research Background**

Under the dual influence of globalization and modernization, the protection and inheritance of traditional national culture have become more and more important. As a unique cultural expression form in Dali, Yunnan province, the yi nationality "Tiaocai" dancing not only integrates the three elements of dance, music and diet, but also becomes an important symbol of local cultural diversity (Cheng, S., 2022 & Xu, Y., 2022). With its profound cultural connotation and artistic charm, the Yi nationality "Tiaocai" dancing occupies a pivotal position in the field of intangible cultural heritage.

At the same time, as a national intangible cultural heritage, the study of the development status and inheritance mechanism of the Yi nationality is also particularly important. Through in-depth analysis of the successful experiences and challenges in the inheritance process, we can provide useful reference for the protection and inheritance of other intangible cultural heritage (Ma, Sh., 2021). This will not only help promote the effective protection of intangible cultural heritage, but also realize its

living inheritance, so that these precious cultural heritage will show new vitality and vitality in the new era (Xiong, Na., 2018).

As a cultural treasure handed down from generation to generation by the Yi people, the inheritance and development of the dance dance is more related to the inheritance and promotion of the national spirit. By studying its historical context, cultural connotation and inheritance mechanism, we can further enhance the national identity and pride of the Yi people, and promote national unity and social stability (Qin, Y., 2008). This will not only contribute to the construction of a harmonious society, but also make the Yi culture shine more brightly in the new era.

## 1.2 Study Purpose

## 1.2.1 Purpose of research on the development status of vegetable dance

In-depth investigation of the actual development of the "Tiaocai" dancing in Dali in the current society, including the changes in its performance form, inheritance mode, audience group, market acceptance and other aspects.

## 1.2.2 Purpose Of The Inheritance Of The Dance

The primary purpose of inheritance research is to protect the precious intangible cultural heritage of the Yi nationality and avoid it being lost or disappearing in the process of modernization. Secondly, through the in-depth study of the historical origin, cultural connotation and artistic characteristics of the Yi nationality cuisine, to explore the historical, cultural and religious values behind it, to provide important evidence for the understanding of the Yi nationality culture and ancient Chinese culture. Third, the inheritance research aims to promote the innovation of the Yi nationality to jump the cuisine on the basis of maintaining the traditional characteristics, so as to make it more in line with the aesthetic needs and development trend of modern society.

## 1.3 Study Significance

## **1.3.1 Cultural Significance**

Yi nationality the "Tiaocai" dancing is an important part of Yi culture, and its inheritance research is helpful to inherit and carry forward Yi culture, and enhance national identity and cultural confidence. At the same time, it also helps to enrich the diversity of Chinese culture and promote the protection of cultural diversity.

## **1.3.2 Economic Significance**

As a cultural tourism resource, the inheritance research of Yi nationality helps to promote the development of related industries and increase employment opportunities and residents' income. At the same time, the sustainable development of intangible cultural heritage projects can be realized through industrial operation.

## **1.3.3 Social Significance**

The research on the inheritance of Yi nationality cuisine is helpful to promote ethnic unity and social stability. By participating in the "Tiaocai" dancing activities, different ethnic groups can enhance mutual understanding and friendship, and jointly promote social harmony and progress.

## 1.3.4 Academic Significance

For scholars and researchers, the inheritance of Yi cuisine is of important academic value. It can provide a wealth of research materials and cases to promote the development and innovation of related disciplines. At the same time, it is also helpful to expand the theoretical and practical research of intangible cultural heritage protection.

## **2. LITERATURE REVIEW**

#### 2.1 Research Status At Home And Abroad

In recent years, as an important part of Chinese traditional culture, the "Tiaocai" dancing of the Yi nationality has gradually attracted wide attention from scholars at home and abroad. This unique art form not only integrates dance, music and food culture, but also carries profound cultural connotation and historical value. In terms of domestic research, scholars discuss the yi nationality dance and dance increasingly deeply. The research content covers the origin, historical development, artistic style and characteristics of the dance, as well as the cultural significance and social functions behind it (Cao, Y., 2011). Some scholars also, from the perspective of intangible cultural heritage protection, discussed the inheritance and development strategies of the Yi nationality "Tiaocai" dancing in the contemporary society. With the rise of tourism, the application value of Yi nationality dance dance in tourism development has become one of the hot spots. By analyzing the successful cases, the scholars put forward an innovative mode of combining the yi nationality "Tiaocai" dancing with the tourism industry, aiming to achieve a win-win situation of cultural inheritance and economic benefits.

Compared with the prosperity of domestic research, foreign research on the Yi nationality's "Tiaocai" dancing is more refined and focused. Some international scholars and institutions have made an indepth analysis of the Yi nationality "Tiaocai" dancing from a cross-cultural perspective. They not only pay attention to the artistic performance of the dance itself, but also devote themselves to tapping the potential of cross-cultural communication behind it (Liu, S., 2020). These studies not only enrich the theoretical system of Yi people's "Tiaocai" dance, but also build an important bridge for international cultural exchanges. At the same time, international cooperation and exchanges will also become an important force to promote the study of yi nationality dance dance. By sharing resources and exchanging needed goods, scholars at home and abroad will jointly promote the inheritance and innovation of yi nationality, a unique cultural treasure of "Tiaocai" dance (Zhang, Y., 2021).

## 2.2 Overview Of Yi Nationality "Tiaocai" Dancing In Dali, Yunnan

## 2.2.1 Origin And Historical Evolution

The "Tiaocai" dancing, a popular art form loved by the Yi people, originated in ancient sacrificial activities. In the solemn occasion of celebrating the harvest or offering sacrifices to the ancestors, the ancestors of the Yi people expressed their respect for the gods and their love for life in the form of dance, thus gradually forming this unique form of dance. With the passage of time, the "Tiaocai" dancing of the Yi people gradually emerged from the bondage of religious rituals and developed into an indispensable entertainment and social activities in the daily life of the Yi people (Li, Yao., 2011). Its dance movements changed from simple imitation and symbolic movements to more complex and expressive body language; musical accompaniment; costumes incorporated more national elements and aesthetic concepts, making the whole dance performance more ornamental and artistic (Reshma, M. R., & Shailesh, S. (2023).

In Dali, Yunnan province, where the Yi nationality live, the yi nationality "Tiaocai" dancing has been further developed and innovated. The unique natural environment, social and economic conditions and historical and cultural traditions of Dali area provide rich soil for the Yi people to the "Tiaocai" dancing. Here, the "Tiaocai" dancing of the Yi nationality not only retains its traditional dance elements and forms of expression, but also draws new inspiration and creativity in the communication with other ethnic cultures, forming a dance style with distinctive regional characteristics (Shi Wu., 2019). This style not only reflects the rugged and enthusiastic character characteristics of the Yi people, but also shows their delicate, soft and poetic side.

Contemporary inheritors of the Yi nationality "Tiaocai" dancing, such as Lu Lihua, have made bold innovations and practices on the basis of inheriting the tradition. The efforts and efforts of these inheritors have not only made more people understand and appreciate the artistic charm of the Yi nationality's "Tiaocai" dancing, but also made a positive contribution to the protection and inheritance of this intangible cultural heritage.

## 2.2.2 Analysis Of Dance Characteristics And Styles

The "Tiaocai" dancing of the Yi nationality, a ritual art form integrating dance, music and food, has not only become popular in Nanjian area, but also become a unique local cultural symbol (Fire, Y., 2024). In this chapter, we will deeply discuss the movement characteristics, musical accompaniment and costumes of the dance of the Yi people's cuisine, so as to fully show their unique artistic charm.

The "Tiaocai" dance of yi nationality is famous for its vigorous movements and lively rhythm. The difficult movements such as jumping, rotation and rolling shown by the dancers in the performance not only test their physical quality and dance skills, but also convey the brave and bold spirit of the Yi people silently. Each movement is full of internal strength, and the external performance is harmonious and unified with it, together constitute a moving dance picture scroll.

In the yi nationality "Tiaocai" dancing, musical accompaniment plays an important role. The musical accompaniment, mainly composed of traditional Yi instruments such as Yueqin, Sanxian and Lusheng, is not only beautiful in melody, but also closely linked to the dance movements in rhythm. This perfect combination of music and dance creates a warm and cheerful atmosphere for the audience, which enables people to feel the unique charm of Yi culture more deeply (Chen, Sulei., 2022).

The costume of Yi nationality "Tiaocai" dancing is also an indispensable part of its artistic characteristics. The colorful and exquisite traditional Yi costumes of the dancers, as well as the silver ornaments or feathers worn overhead, all fully demonstrate the unique aesthetic and cultural traditions of the Yi people. These costumes not only add a sense of visual hierarchy and changes to the dance, but also become a symbol of the Yi nationality culture to some extent (Qin Ying & A Ben Branch., 2007).

With its unique movement characteristics, musical accompaniment and costumes, the Yi nationality "Tiaocai" dancing fully shows the profound heritage and artistic charm of the Yi nationality culture. This art form, which integrates dance, music and food, not only provides people with a new way to enjoy the art, but also inherits and carries forward the excellent traditional culture of the Yi people (Qin Ying & A Ben Branch., 2007).



Figure 1 : A traditional "Tiaocai" dance map from the Baidu network

## 2.2.3 Status And Influence In The Yi Nationality Culture

The dance dance of the Yi nationality, a ritual dance integrating dance, music and food, is not only a bright pearl of the Yi culture, but also an important carrier carrying the profound historical heritage and cultural tradition of the Yi people (Xu Ying., 2022). Through in-depth exploration of it, it is not difficult to find that the Yi cuisine plays a pivotal role in the Yi society, and has a profound impact on the inheritance and development of the Yi culture.

As an important part of Yi culture, Yi cuisine dance carries rich historical memory and cultural traditions. Every time the dancers dance to the cheerful music, their every movement and every expression tell the ancient stories and legends of the Yi nationality (Luo Qun & Chen Yuan., 2015). This form of dance not only enables the Yi people to maintain their own cultural identity and national characteristics, but also to constantly innovate and develop from generation to generation, showing new vitality and vitality.

With the progress of The Times and the development of tourism, the influence of Yi nationality "Tiaocai" dancing has gradually expanded to a broader field. It has not only become one of the important Windows to show the charm of Yi culture, but also attracted the attention of countless tourists and scholars (Diao Guoyan & Liu Fang., 2019). By watching the "Tiaocai" dancing, people can more intuitively understand the cultural tradition and lifestyle of the Yi people, and feel the enthusiasm and vitality of the Yi people. At the same time, the Yi nationality "Tiaocai" dancing has also promoted cultural exchanges and understanding among different ethnic groups, and made positive contributions to promoting ethnic unity and harmony.

## 2.2.4 Characteristics Of "Tiaocai" Dance

A broad mass base. There is a deep mass foundation in Nanjian Yi area. Every wedding, birthday banquet, baby full moon, moving to a new house and other happy events, the Yi people will add to the fun, forming a unique cultural customs (Shaping & Qi Yun., 2002).

The forms of performance are diversified. Yi nationality dance from the original banquet dance to stage dance, hotel dance, school dance and other forms. On the stage, the Yi nationality shows its unique artistic charm through the integration of dance, music, acrobatics and other elements (Li Weikang., 2010).

Industrialization development. With the rise of tourism and people's increasing attention to local characteristic culture, Yi nationality cuisine has gradually become a cultural tourism resource. More and more restaurants and farmhouses have joined the food dance show, which has driven the development of related industries. At the same time, the folk "Tiaocai" dancing team has participated in various performances, gained considerable income, and realized the "doorstep employment" (Sword blue., 2007).

## **RESEARCH METHODS AND CONTENT**

This study aims to comprehensively and deeply explore the development status and inheritance mechanism of Yi cuisine the "Tiaocai" dancing. The development status and inheritance methods of Yi nationality the "Tiaocai" dancing in Dali, Yunnan can be discussed from the following aspects:

First of all, we is used to collect and analyze the historical literature and existing research results to establish an understanding of the profound cultural background of the dance.

Second, the study through the field investigation of the "Tiaocai" dance lovers background information (A), "Tiaocai" dance lovers understanding of the "Tiaocai" dance (B), the "Tiaocai" dance inheritance and development status (C), the artistic characteristics of the "Tiaocai" dance (D), yi dance food dance impact on social and cultural and economic impact (E), evaluation and Suggestions of the "Tiaocai" (F).

Third, Data collection and analysis. Through the statistical analysis of the survey data in the above six aspects, the development status of Yi nationality dancing in contemporary society is analyzed, including the inheritance group, performance form and transmission way, as well as the main problems. At the same time, this paper also further analyzes the important value of yi nationality dance dance in promoting national cultural exchange and integration, promoting local economic

development and the prosperity of cultural industry, and enhancing national identity and cohesion. Finally, this study presents a series of inheritance strategies and suggestions for future development trends.

## **RESULTS AND DISCUSSION**

#### 4.1 Investigation and analysis of the development status of "Tiaocai" dancing

#### 4.1.1 Analysis Of Background Information Of The Survey Sample

This study were investigated and analyzed the gender, age and occupational background of 200 Yi dance lovers in Dali, Yunnan province. Meanwhile, it explore whether the social background of "Tiaocai" dance lovers is related to the development status and inheritance of "Tiaocai" dancing.

The results of the background data of the yi nationality "Tiaocai dance" survey in Dali, Yunnan province showed that women accounted for 37 percent and men accounted for 63 percent (See Table 1).

Sex Varia	able Segmentation	Frequency	Percent	Valid Percent
Valid	Female	74	34.7	37.0
	Male	126	59.2	63.0
	Total	200	93.9	100.0
Missing	System	13	6.1	
Total		213	100.0	

#### Table 1: Analysis Of Sex Of The Survey Sample

The analysis of the age information showed that 11.5%, 30.5% aged 19-30, 35.5% aged 31-49, and 22.5% aged over 50 (See Table 2).

Age Varia	able Segmentation	Frequency	Percent	Valid Percent
Valid	Under 18 Years	23	10.8	11.5
	19 To 30 Years	61	28.6	30.5
	31 To 49 Years	71	33.3	35.5
	More than 50 years	45	21.2	22.5
	Total	200	93.3	100.0
Missing	System	13	6.1	
Total		213	100.0	

#### Table 2: Analysis Of Age Information Of The Survey Sample

According to the occupational survey results of the sample of yi nationality "Tiaocai" dance in Dali, Yunnan province, students accounted for 15.5%, 27.5% were education majors, 29% were civil servants and 28% were freelance occupations (See Table 3).

 Table 3: Analysis Of Occupation Of The Survey Sample

Occupati	on	Frequency	Percent	Valid Percent
Valid	Student	31	14.6	15.5
	Education Professions	55	25.8	27.5
	Office Salaries	58	27.2	29.0
	Liberal Professions	56	26.3	28.0
	Total	200	93.9	100.0
Missing	System	13	6.1	
Total		213	100.0	

## 4.1.2 Analyze The Knowledge Of Yi Nationality "Tiaocai" Dance in The Sample

In the survey results of whether you know the "Tiaocai" dance (B1), whether you have watched the "Tiaocai" dance (B2), and whether you have learned the "Tiaocai" dance (B3), 3 points accounted for more than 41 percent, and the survey results of the three questions were above 26.1 percent. Therefore, the survey sample of this study showed a better understanding of "Tiaocai" dance, and occasionally or often watch "Tiaocai" dance, at the same time, also showed the willingness to learn "Tiaocai" dance.

Questions	Distribute	SD	D	Α	SA	Total
B1: Whether you know the	Frequency	21	37	82	60	200
"Tiaocai" dance	Percent	10.5	18.5	41.0	30.0	100.0
B2: You ever watched the	Frequency	18	44	85	52	200
"Tiaocai" dance	Percent	9.0	22.1	42.7	26.1	100.0
B3:Whether you have	Frequency	25	33	84	58	200
learned "Tiaocai" dance	Percent	12.5	16.5	42.0	29.0	100.0

 Table 4 : Analyze The Knowledge Of "Tiaocai" Dance in The Sample

B4: In your opinion, what do you think is the most attractive thing about the Yi nationality "Tiaocai" dance?

The survey results of B4 question show that the most attractive elements of yi nationality "Tiaocai" dance include the uniqueness of dance movements, the integration of music and rhythm, the exquisite costumes and props, and the cultural story behind it. That is, the proportion of these four elements with a positive attitude is more than 68 percent (See Table 5).

Table 5 : Analysis results of the most attractive elements of Yi nationality dance dance

B4: What is the most attractive thing	Distribution	No	Yes	Total
about "Tiaocai" dancing?				
B4.1: The uniqueness of the "Tiaocai"	Frequency	60	140	200
dancing	Percent	30.0	70.0	100.0
B4.2: The fusion of music and rhythm	Frequency	63	173	200
	Percent	31.5	68.5	100.0
B4.3: The exquisite costumes and props	Frequency	62	138	200
	Percent	31.0	69.0	100.0
B4.4: The cultural story behind it	Frequency	64	136	200
	Percent	32.0	68.0	100.0

B5: How did you know about the yi nationality "Tiaocai" dancing?

The respondents indicated that the main ways for them to understand the dance are TV, radio, newspaper and other media (B5.1), Internet (B5.2), Books, magazines (B5.3), tourism (B5.4), school education (B5.5).

Table 6: What do you know about the ways of "Tiaocai" dancing?

B5: How did you know "Tiaocai" dancing?	Distribution	No	Yes	Total
B5.1: Television, radio, newspapers and other	Frequency	62	138	200
media	Percent	31.0	69.0	100.0
B5.2: Network	Frequency	66	134	200
	Percent	33.0	67.0	100.0

B5.3: Books, magazines	Frequency	63	137	200
	Percent	31.5	68.5	100.0
B5.4: Tourism	Frequency	69	131	200
	Percent	34.5	65.5	100.0

## 4.1.3 Study On The Development Status And Inheritance Of "Tiaocai Dance"

Through the investigation of the inheritance and development of the "Tiaocai" dance, it is found that (C) the inheritance of the dance includes family inheritance (C1.1), mentoring inheritance (C1.2), school education and other methods. At the same time, the surveyed sample believe that the problems of the inheritance of Yi cuisine "Tiaocai" dancing are mainly reflected in the young people's lack of interest in traditional culture, the decrease of inheritance population, lack of financial support, and lack of publicity and promotion (See Table 6).

In addition, in the survey of what measures should be taken to promote the inheritance and development of the "Tiaocai" dance, the survey results showed that 68 percent of the participants believed that publicity and promotion should be strengthened, training activities should be carried out, and special funds should be set up and combined with tourism (See Table 6).

C1 : Do you know what are the ways to	Distribution	No	Yes	Total
inherit the "Tiaocai" danceing?				
C1.1 : Family inheritance	Frequency	62	138	200
	Percent	31.0	69.0	100.0
C1.2 : Master and apprentice inheritance	Frequency	65	135	200
	Percent	32.5	67.5	100.0
C1.3 : School education	Frequency	64	136	200
	Percent	32.0	68.0	100.0
C2: What problems do you think we face in the inheritance of "Tiaocai" dancing?	Distribution	No	Yes	Total
C2.1 : Young people lack an interest in	Frequency	60	140	200
inheriting a culture	Percent	30.0	70.0	100.0
C2.2 : The population of inheritance has	Frequency	63	137	200
decreased	Percent	31.5	68.5	100.0
C2.3 : Lack of financial support	Frequency	62	138	200
	Percent	31.0	69.0	100.0
C2.4 : Lack of publicity and promotion	Frequency	64	136	200
	Percent	32.0	68.0	100.0
C3: What measures do you think should be taken to promote the inheritance and development of "Tiaocai" dancing?	Distribution	No	Yes	Total
C3.1 : Strengthen publicity and promotion	Frequency	60	140	200
	Percent	30.0	70.0	100.0
C3.2 : Carry out training activities	Frequency	63	137	200
	Percent	31.5	68.5	100.0
C3.3 : Set up a special fund	Frequency	62	138	200
	Percent	31.0	69.0	100.0
C3.4 : Combined with tourism	Frequency	64	136	200
	Percent	32.0	68.0	100.0

 Table 6 : The inheritance and development of Yi nationality "Tiaocai" dance

Table 7 about the "Tiaocai" dancing inheritance status in contemporary society (C4), according to the survey more than 68 percent of dance lovers think in contemporary society, the "Tiaocai" dance inheritance status mainly in inheritance is very good (C4.1), widely recognized, facing some challenges (C4.2), inheritance difficulties, need more attention and support (C4.3).

At the same time, the survey results in Table 7 on which factors are conducive to the inheritance and development of Yi food dancing (C5) show that the support of government policies (C5.1), the integration of the education system (C5.2), the promotion of tourism (C5.3), and the media publicity and reporting (C5.4) are conducive to the inheritance and development of food dancing.

C4 : What is the inheritance status of	Distribution	No	Yes	Total
"Tiaocai" dancing now?				
C4.1: Good inheritance is widely	Frequency	60	140	200
recognized	Percent	30.0	70.0	100.0
C4.2: Inheritance generally faces some	Frequency	63	137	200
challenges	Percent	31.5	68.5	100.0
C4.3: Difficulties in inheritance need more	Frequency	62	138	200
support	Percent	31.0	69.0	100.0
C5: What factors do you think are conducive to the inheritance and development of "Tiaocai" dancing?	Distribution	No	Yes	Total
C5.1: Policy support	Frequency	60	140	200
	Percent	30.0	70.0	100.0
C5.2: Integration of the education system	Frequency	63	137	200
	Percent	31.5	68.5	100.0
C5.3: The promotion of tourism	Frequency	62	138	200
	Percent	31.0	69.0	100.0
C5.4: Media publicity and reporting	Frequency	64	136	200
	Percent	32.0	68.0	100.0

 Table 7 : The inheritance status of "Tiaocai" dancing now and its favorable factors

## 4.1.4 Analysis of the artistic characteristics of "Tiaocai" dancing

The survey analysis in Table 8 shows that more than 68% of the respondents believe that the movements of the dance have characteristics including vigorous (D1.1), flexible (D1.2), beautiful and smooth (D1.3), and rich sense of rhythm (D1.4). At the same time, the data analysis shows that the musical characteristics of yi nationality "Tiaocai" dance include beautiful melody (D2.1), lively rhythm (D2.2), ethnic characteristics (D2.3), and close coordination with dance movements (D2.4). In addition, the costumes and props of the "Tiaocai" dance are characterized by bright colors (D3.1), exquisite patterns (D3.2), rich ethnic characteristics (D3.3), and fit with the "Tiaocai" dance theme (D3.4).

 Table 8: Analysis of the artistic characteristics of "Tiaocai" dancing

D1: What do you think are the	Distribute	No	Yes	Total
characteristics of "Tiaocai" dancing?				
D1.1: Strong and healthy	Frequency	60	140	200
	Percent	30.0	70.0	100.0
D1.2: Flexible and changeable	Frequency	63	137	200
	Percent	31.5	68.5	100.0

	_			
D1.3: Beautiful and smooth	Frequency	62	138	200
	Percent	31.0	69.0	100.0
D1.4: Full of rhythm	Frequency	64	136	200
	Percent	32.0	68.0	100.0
D2: What are the characteristics of "Tiaocai"	Distribute	No	Yes	Total
dancing music?				
D2.1: Beautiful melody	Frequency	60	140	200
	Percent	30.0	70.0	100.0
D2.2: The rhythm is lively	Frequency	63	137	200
	Percent	31.5	68.5	100.0
D2.3: Rich in national characteristics	Frequency	62	138	200
	Percent	31.0	69.0	100.0
D2.4: Work closely together with the dance	Frequency	64	136	200
movements	Percent	32.0	68.0	100.0
D3: What are characteristics of costumes and	Distribute	No	Yes	Total
props of "Tiaocai" dancing?				
D3.1: Bright in colour	Frequency	60	140	200
	Percent	30.0	70.0	100.0
D3.2: The pattern is exquisite	Frequency	63	137	200
	Percent	31.5	68.5	100.0
D3.3: Rich in national characteristics	Frequency	62	138	200
	Percent	31.0	69.0	100.0
D3.4: It fits in with the dance theme	Frequency	64	136	200
	Percent	32.0	68.0	100.0

## 4.2 1nalysis Of The Social, Cultural And Economic Influence Of "Tiaocai" Dancing

Table 9 in the survey data show that the vast majority of participants think "Tiaocai" dance to the local community of cultural heritage (E1.1), the development of local tourism (E1.2), in promoting national unity and social cohesion (E1.3), promote education (E1.4), attract learning the "Tiaocai" dance (E1.5), promote the development of local economy (E1.5) has a positive role (Shown in Table 9).

Questions	Distribution	SD	D	U	Α	SA	Total
E1	Frequency	18	31	52	68	31	200
	Percent	9.0	15.5	26.0	34.0	15.5	100.0
E2	Frequency	24	39	44	45	48	200
	Percent	12.0	19.5	22.0	22.5	24.0	100.0
E3	Frequency	12	38	66	49	35	200
	Percent	6.0	19.0	33.0	24.5	17.5	100.0
E4	Frequency	34	37	32	51	46	200
	Percent	17.0	18.5	16.0	25.5	23.0	100.0
E5	Frequency	14	34	62	49	41	200
	Percent	7.0	17.0	31	24.5	20.5	100.0
E6	Frequency	31	33	35	58	43	200
	Percent	15.5	16.5	17.5	29	21.5	100.0

## 4.3 Evaluation And Suggestions On "Tiaocai" Dance Of Yi Nationality

## 4.3.1 Evaluation And Suggestions On Of "Tiaocai" Dancing Of Yi Nationality

Table Table 11 investigates the evaluation and suggestions of Yi nationality dance. Research first around jump food dance on the shortcomings of investigation and analysis, data analysis results show that most participants think jump food dance on the artistic performance mainly rich (F1.1), music is not beautiful music (F1.2), clothing and props is not beautiful (F1.3), form of diversification (F1.4).

Secondly, in the investigation and analysis of the value of yi nationality "Tiaocai" Dance in modern society. The data analysis found that the vast majority of the social values of the "Tiaocai" dancing were mainly reflected in cultural inheritance (F2.1), artistic inheritance and appreciation (F2.2), tourism development and economic development (F2.3), and promotion of ethnic unity (F2.4).

Third, for you on the future development of the "Tiaocai" Dance the problem of investigation and analysis, data analysis results show that the future development of the "Tiaocai" Dance should strengthen innovation (F3.1), fully combined with modern elements (F3.1), intensify promotion (F3.2), cultivate more inheritance (F3.3), strengthen the communication with other national culture and fusion (F3.4) several aspects.

F1: What is your comment on the artistic	Distribute	No	Yes	Total
characteristics of "Tiaocai" dancing?				
F1.1: The movement is not rich enough	Frequency	65	135	200
	Percent	32.5	67.5	100.0
F1.2: The music is not beautiful enough	Frequency	67	133	200
	Percent	33.5	66.5	100.0
F1.3: The costumes and props are not	Frequency	68	132	200
elegant enough	Percent	34.0	66.0	100.0
F1.4: The performance forms are not	Frequency	66	134	200
diversified enough	Percent	33.0	67.0	100.0
F2: What do you think is the value of "Tiaocai" dancing in modern society?	Distribute	No	Yes	Total
F2.1: Cultural inheritance	Frequency	56	144	200
	Percent	28.0	72.0	100.0
F2.2: Artistic appreciation	Frequency	63	137	200
	Percent	31.5	68.5	100.0
F2.3: Tourism develop	Frequency	62	138	200
-	Percent	31.0	69.0	100.0
F2.4: Promote ethnic unity	Frequency	61	139	200
	Percent	30.5	69.5	100.0
F3: Do you have any suggestions for the future development of Yi cuisine dance?	Distribute	No	Yes	Total
F3.1: Strengthen the combination of	Frequency	59	141	200
innovation with modern elements	Percent	29.5	70.5	100.0
F3.2: We will intensify publicity and	Frequency	61	139	200
promotion efforts	Percent	30.5	69.5	100.0
F3.3: Cultivate more inheritors	Frequency	58	142	200
	Percent	29.0	71.0	100.0

F3.4: To	strengthen	exchanges	and	Frequency	62	138	200
integration with other ethnic groups			Percent	31.0	69.0	100.0	

#### 4.4 Summary Of Survey Analysis Results In This Study

As a national intangible cultural heritage, the "Tiaocai" Dance in Dali, Yunnan province has a profound cultural heritage and extensive influence in the local area and the whole country. The following is a summary of the survey data analysis results of its development status and inheritance research:

#### 4.4.1 Summary Of The Development Status Of "Tiaocai" Dancing

#### Extensive Dissemination And Recognition

The results of the background information survey and analysis found that dance lovers often understand dance, and occasionally or often watch and learn dance dance. Dance lovers mainly use TV, radio, newspaper and other media, the Internet, books, tourism and school education to learn about the dance. In addition, the uniqueness of the movements of the dance, the integration of music and rhythm, the exquisite costumes and props, the implication of the cultural story behind it and other features that attract people's attention. The current situation of inheritance in contemporary society is mainly reflected in the good and widely recognized inheritance, some challenges and difficulties in inheritance, which need more attention and support.

#### There Are Various Ways Of Inheritance

The inheritance method of vegetable dance includes family inheritance, mentoring inheritance, school education and other methods.

#### The Inheritance And Development Of "Tiaocai" Dancing Dance Are Facing Problems

The problems faced by the inheritance of dance dancing are mainly reflected in the young people's lack of interest in traditional culture, the decrease of inheritance population, lack of financial support and lack of publicity and promotion.

Measures To Overcome The Problems Faced By The Inheritance And Development Of "Tiaocai" Dancing

To promote the inheritance and development of yi nationality dance dance, we should strengthen publicity and promotion, carry out training activities, and set up special funds with tourism.

## The Movements Of The "Tiaocai" Dance Are Characteristic

The movements of the vegetable dance are vigorous, flexible, beautiful, smooth and full of rhythm. At the same time, the music characteristics of the dance include beautiful melody, bright rhythm, ethnic characteristics and close coordination with the dance movements. In addition, the costumes and props of the dance dance have the characteristics of bright colors, exquisite patterns, rich national characteristics, and matching with the dance theme.

## 4.4.2 The Value And Role Of The Inheritance Of "Tiaocai" Dance

The "Tiaocai" dancing plays a positive role in promoting the cultural inheritance of local communities and the development of local tourism in enhancing ethnic unity and social cohesion, promoting education, attracting learning yi nationality vegetable dance and promoting local economic development.

#### 4.4.3 The Deficiency Of Artistic Performance Of "Tiaocai" Dance

The main aspects of the vegetable dance are not rich enough, the music is not beautiful enough, the costumes and props are not beautiful enough, and the performance forms are not diversified enough. Secondly, the social value of vegetable dancing is mainly reflected in cultural inheritance, artistic

inheritance and appreciation, tourism development and promotion of economic development, and promotion of ethnic unity.

# 4.4.4 Investigation And Analysis Of Suggestions For The Future Development Of Vegetable Dance

The data analysis results show that the future development of Yi nationality dance dance should strengthen innovation, fully combine with modern elements, increase the publicity and promotion, cultivate more inheritors, and strengthen the exchange and integration with other ethnic cultures.

## **CONCLUSION AND RECOMMENDATIONS**

## 5.1 Conclusion

This study summarizes the historical context of Yi nationality dance dance in detail. Through an indepth discussion of its origin, development and evolution process, we find that this dance form carries profound historical and cultural deposits and distinct national characteristics. The yi nationality dance dance is not only an artistic expression, but also an important carrier of the historical memory and cultural inheritance of the Yi people.

Through the investigation and analysis of the vegetable dance, we have a deeper understanding of its diversity in form and richness in content. This dance form is flexible, which can not only show the daily life scenes of the Yi people, but also express their joys and sorrows. Its unique dance vocabulary and rich expressive force fully demonstrate the life wisdom and artistic creativity of the Yi people.

This study reveals the social functions of yi nationality dance dance in social interaction, entertainment, education, and cultural inheritance. This dance form plays an important role in the Yi society [1], which can enhance the communication and unity among ethnic groups, and is also an effective way to promote national culture and enhance national identity. Its cultural value is not only reflected in the inheritance and protection of traditional culture, but also lies in the positive influence and promotion of modern society. However, in the process of inheritance, yi nationality dance dance also faces some problems to be solved. The single way of inheritance and the shrinking of the audience pose a threat to the sustainable development of the Yi nationality to dance dance. In view of these problems, we put forward corresponding suggestions and measures in order to provide reference for the subsequent inheritance research.

This study makes a comprehensive and in-depth discussion of yi nationality dance dance, which not only shows its unique artistic charm and cultural value, but also reveals the challenges and difficulties faced in the process of inheritance. We believe that through the joint efforts of all sectors of society, the precious cultural heritage of the Yi nationality dance dance will be better protected and inherited.

## 5.2 Recommendations

After deeply discussing the cultural connotation, social value and current inheritance and development of "Yi nationality dancing vegetables" dance, this chapter will predict its future development trend and put forward corresponding suggestions [1], in order to contribute wisdom to the continuous prosperity of the dance art.

## The In-Depth Exploration Of Diversified Inheritance Methods

In the face of the diverse impact of modern society and culture, the single traditional inheritance mode has been difficult to meet the development needs of "Yi nationality dancing vegetables" dance. In the future, we should actively explore diversified inheritance channels such as school education, community activities and network platforms. For example, "Yi jumping" is included in the art education curriculum of local primary and secondary schools to stimulate students' interest and participation through campus activities, at the community level, hold regular dance training and display activities to attract more residents to participate in the experience, with the help of Internet

and new media platforms, produce and promote relevant teaching videos and documentaries, etc., to make the charm of "Yi jumping" dance reach a wider audience.

## International Exchanges And Cooperation Have Been Comprehensively Strengthened

With the deepening development of globalization, cultural exchanges have become increasingly frequent. In order to promote the "Yi Dance Cuisine" dance to the world and enhance its international popularity and influence, more attention should be paid to international exchanges and cooperation in the future. By participating in international dance festival, art festival, show the unique charm of "Yi jumping". Meanwhile, we can actively seek cooperation opportunities with foreign art groups and cultural institutions, jointly carry out dance creation, performance, education and training projects, and promote "Yi jumping" to shine on the international stage.

## Policy And Financial Support Continue To Strengthen

The inheritance and development of the "Yi Nationality Dance in Cuisine" dance cannot be separated from the support of the government and all sectors of society. In the future, we should continue to increase policy support and formulate more perfect cultural heritage protection policies, so as to provide a strong guarantee for the inheritance of Yi people jumping "Tiaocai" dancing. At the same time, the investment will be increased for dance creation, talent training, performance promotion, so as to ensure that the "Yi cuisine" dance art can continue to flourish and develop in a good environment.

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