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RESEARCH ARTICLE

Determinants and Transformation Paths of Scientific Research Commercialization in Yangtze River Delta

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1. INTRODUCTION

In the context of a rapidly expanding global knowledge economy, the commercialization of scientific and technological achievements has become a key indicator of national and regional innovation capacity. The transformation process involves the application of basic research from universities, developed by companies, into real-world technologies and products with economic value (Song & Zhu, 2022). This transformation includes technology licensing, contract research, industrial clustering, open innovation, and academic entrepreneurship (M. Perkmann et al., 2021). In China, the "Law on Promoting the Transformation of Scientific and Technological Achievements" outlines multiple pathways for this process, including self-investment, technology transfer, licensing, and equity investment, which promote the commercialization and clustering of scientific and technology sectors. However, this approach has led to regional disparities in innovation capacity.

The commercialization process is complex and multi-stage, involving the progression from basic research to applied development and, finally, to market introduction. It relies on the coordinated efforts of universities, companies, and government agencies (J. Guo et al., 2023). Universities provide theoretical and technical foundations, companies develop these into marketable products, and government agencies facilitate the process through policies and financial incentives. These policies not only support industry-university cooperation, but also foster economic integration, thereby enhancing the utilization of research resources and driving commercialization efforts. Through increased patenting, technology transfer, and product commercialization, these collaborations help to expand the impact of scientific research.

Collaboration and clustering effects are crucial to this transformation. The triple helix model demonstrates the effective cooperation of government, academia, and industry in promoting technological innovation (Etzkowitz & Leydesdorff, 2000). Some examples include Silicon Valley, which benefits from close ties with Stanford University (R. Smilor et al., 2007), and Taiwan's Hsinchu Science Park, which collaborates with local universities to drive semiconductor innovation (Hu, 2011). In China, Shenzhen's open policies and investments in higher education have turned it into a technology hub (W.M. To et al., 2021). These cases highlight how collaborative efforts can create thriving innovation clusters that support economic growth.

The Yangtze River Delta, one of China's core innovation regions, demonstrates similar clustering effects. Cities like Shanghai, Hangzhou, and Suzhou, backed by universities such as Fudan University and Zhejiang University, are leaders in producing and commercializing scientific achievements. Under the Yangtze River Delta integration strategy, regional collaboration with businesses has accelerated the application of research outputs, driving economic development and high-quality growth (Z. Li, 2023a). This synergy is achieved through policy-driven investments and the stimulation of enterprise growth by university-driven innovations, forming a regional network for scientific and technological transformation.

Despite these successes, the concentration of technological resources in select cities has intensified the regional imbalance in technological and economic development. Southern cities, such as Shanghai, Hangzhou, and Suzhou, excel in research transformation and patent implementation, while northern areas face slower transformation rates. For example, university patents in the region have a commercialization rate of only 3.9% compared to 48.1% for enterprise patents (China National Intellectual Property Administration, 2023). This suggests that policy alone cannot bridge these regional disparities. Therefore, further research is needed to identify the factors and dynamics driving balanced development across provinces.

This disparity is not unique to the Yangtze River Delta but is a global phenomenon, prompting researchers to examine factors influencing the commercialization process and regional differences in innovation capacity. Scholars have proposed framework such as the "internal-external environment" to analyze obstacles to transformation, identifying key issues like uneven resource allocation, limited collaboration, and low transformation rates (J. Su et al., 2021; Y. Huang, 2022; J. Zhang, 2019; Z. Li, 2023b; Jinabhai, 2022). While evaluation methods such as Principal Component Analysis (PCA), Data Envelopment Analysis (DEA), and Structural Equation Modeling (SEM) are commonly used, these approaches have limitations in capturing the dynamic, multi-factor nature of the transformation process (J. Jiang et al., 2020; Wu, 2023; J. Guo et al., 2023; V. Mittal et al., 1998; Woodside & Zhang, 2013).

To address these limitations, this study applies a dynamic Qualitative Comparative Analysis (QCA) method. Using panel data, this study aims to explore causal pathways and temporal effects in the commercialization of scientific research. This study integrates interface theory with an analytical framework of economic development, policy support, and innovation resources. This study investigates how economic integration, policy support, and innovation resource coordination drive commercialization and answers the following research questions:

RQ1: What factors drive the commercialization of scientific research in the Yangtze River Delta over time?

RQ2: How do these factors exhibit temporal effects?

RQ3: Are there equivalent effects in factor combinations influencing research transformation?

RQ4: Does provincial consistency in factor configurations vary across regions?

2. LITERATURE REVIEW

Scientific and technological achievements, as products of knowledge creation, possess significant academic and economic value, serving as essential outputs of technological innovation (L. Zhang & H. Jiang, 2022). Over the years, the transformation of these achievements through academic publications, patents, and research projects has accelerated innovation and fostered economic growth (X. Hu et al., 2023; Mansfield, 1991). This transformation not only enhances the competitiveness of higher education, but also advances technological innovation, making it a critical component of regional development (Sterzi, 2013; Agrawal & Henderson, 2002).

The production and transformation of scientific achievements in universities are influenced by both internal and external factors. Previous studies indicate that school-enterprise collaboration positively affects universities' output of technological achievements (Lee, 2008; Ortega, 2011; Lee, 2009; Wang, 2007). However, different organizations' contributions to science and technology yield varied outcomes, influenced by policy and resource allocation (Y. Sun et al., 2020). Internally, factors such as research funding, researcher capabilities, and project scale are crucial determinants of the output of scientific achievements (R. P. O'Shea et al. 2007). Crucially, Y. -G. Lee et al., (2007) identified that research investment emerges as the most critical factor in fostering impactful technological outputs, especially when aligned with researcher efforts and institutional support (R. Griffith et al., 2004; Bush, 2021).

Thus, the transformation of scientific achievements in universities is a product of both internal capacities and external influences. Internally, university research strategies, talent integration, and resource management play key roles, while external policies and industry partnerships further enhance transformation outcomes. This study investigates these dimensions within the framework of regional integration, assessing the internal and external factors that drive effective scientific achievement transformation.

2.1. Interface theory

Interface theory, initially rooted in engineering, evolved to address business and economics by examining interactions within and across organizational boundaries (Vicente & Rasmussen, 1992). Applied to technology transfer, interface theory highlights the technology transfer interface as a convergence point where knowledge producers and users interact (Etzkowitz & Leydesdorff, 2000). In this context, the interface functions to buffer and selectively filter interactions between organizations, preserving the independence of each system while facilitating knowledge transfer. The transformation process in higher education, from research to commercialization, relies on this interface, which connects universities, industries, and governments to support innovation transfer (Aliyev & Shahverdiyeva, 2017). This interaction reflects both internal organizational functions and external market demands, impacting the goals and outcomes of scientific and technological transformation (Simon, 2019).

2.2. Internal dimension

Within the Yangtze River Delta, the internal dimension of scientific achievements transformation focuses on optimizing the resources within universities to enhance transformation rates. Based on interface theory, internal factors such as talent reserves, funding, and research networks play crucial roles. Studies show that the innovation levels of researchers and the quality of internal research cooperation significantly impact transformation outcomes (Y. Wu et al., 2015; X. Gao et al., 2014). For instance, adequate funding and collaborative networks support knowledge transfer from universities to enterprises, enhancing the practical application of research (R. Belderbos et al., 2004). However, some studies also suggest that increased R&D investment does not always lead to proportional improvements in transformation efficiency (W. Zhong et al., 2011; Liu & Jiang, 2001). Therefore, the internal dimension of higher education transformation includes balancing talent, financial resources, and collaborative efforts to maximize impact.

2.3. External dimension

The external dimension involves the environment in which universities interact with economic production entities, relying on policy and resource support from the government and industry.

Interface theory posits that scientific achievements serve as connections between knowledge and economic systems, with policy and resource allocations shaping transformation potential (Ponomariov & Boardman, 2010; Dorf & Worthington, 1990; Corsten, 1987). External support, including government funding and corporate investment, plays a significant role in facilitating technology transfer and innovation. For instance, policy incentives and regional economic development levels have been shown to positively influence transformation rates (S. Liu, 2022; Grillo, 2011). While the comprehensive integration of these factors' direct impact on transformation efficiency is still under study, external resources are recognized as essential for technological achievements to reach commercialization stages, adapting as marketing and environmental conditions evolve (J. Han, 2012)

2.4. Functions and goals

Scientific and technological achievements within higher education serve dual functions, they act as public knowledge and technical knowledge with property rights (Aman, 2017). Patents and licensing revenue are direct indicators of successful transformation, reflecting universities' ability to turn knowledge into economically valuable outputs (Geuna & Rossi, 2011). However, the transformation process is often hindered by information asymmetry and market fluctuations, which can result in inefficiencies. By establishing clear roles and responsibilities within the interface, universities can mitigate these risks, ensuring smoother transfer and application of scientific achievements to industry (Y. Wu et al., 2015).

2.5. Regional integration perspective

Regional integration emphasizes the synergy among different stakeholders, balancing economic, social and technological needs within the region (Y. Liu et al., 2019). In the Yangtze River Delta, regional integration is achieved through dynamic cooperation between governments, universities, and enterprises, each contributing unique resources to the transformation process (A. L. Rossoni et al., 2023). Regional economic development and school-enterprise collaboration drive market demand and the dissemination of scientific achievements, creating favorable conditions for technology transfer (M. Perkmann et al., 2013). Government support, through policies and incentives, is a crucial factor in accelerating transformation, while research incentives at the university level further encourage knowledge transfer by motivating researchers (P. Azoulay et al., 2011).

In this study, regional integration is analyzed across three core perspectives, economic integration, policy integration, and innovation resource integration. Economic integration considers regional development levels and the impact of school-enterprise cooperation. Policy integration reflects government support and research incentives, while innovation resource integration includes research networks, talent reserves, and innovation levels. These dimensions form a comprehensive framework for analyzing the drivers of scientific achievement transformation and are used to build configuration pathways in this study (*Figure 1*).

Patent Achievements and Technology Transfer

Figure 1: Influencing factor in analytical framework

3. DATA AND METHODOLOGY

3.1. Methodology

This study employs dynamic Qualitative Comparative Analysis (QCA) to evaluate the combined effects of various factors on the transformation of scientific and technological achievements in higher education within the Yangtze River Delta's regional integration framework. Dynamic QCA enables the analysis of changes over time by measuring inter-group, intra-group, and overall dimensions, capturing fluctuations in consistency across time and cases through consistency distance. To enhance the accuracy of this analysis, panel data is integrated with dynamic QCA using R software, which mitigates limitations related to the time dimension inherent in both panel data and QCA methodologies. Besides, Enhanced Standard Analysis (ESA) is applied within QCA to improve the precision of identified configurations.

Incorporating the time dimension reveals how factors such as policy, economic development, and innovation resource allocation interact over time, forming synergies that affect the transformation rate of scientific research achievements. This approach also allows the study to examine the multidimensional and interactive effects of these factors on regional innovation capacity, providing insights into the mechanisms behind technological innovation disparities across regions.

3.2. Sample and data

Given the data availability and completeness, this study uses panel data from the Yangtze River Delta region of China, spanning 2013 to 2022. Data on both outcome and conditional variables were sourced primarily from official statistical yearbooks. Specifically, regional economic development levels data were obtained from the China Statistical Yearbook, while indicators for school-enterprise cooperation, government support, research incentives, innovation levels, talent reserves, and cooperation networks were collected from the Compilation of Scientific and Technological Statistical Data of Higher Education Institutions. The outcome variables were represented by the income generated from patent sales and technology transfer by universities in each province and city, sourced from the same compilation. This study focuses on Shanghai, Anhui, Jiangsu, and Zhejiang, providing a comprehensive view of the Yangtze River Delta.

3.2.1. Measurement

For outcome variables, this study measures the transformation of scientific and technological achievements in universities using two financial indicators: annual income from patent sales (in thousand yuan) and technology transfer revenue (in thousand yuan). These metrics provide a direct reflection of the commercialization level of scientific achievements, illustrating the financial benefits derived from the transformation process. Previous research supports the use of patent licensing income and technology transfer revenue as effective indicators of technological transformation, as they encapsulate the economic value generated through university research outputs (D. S. Siegel et al., 2003).

In terms of condition variables, this study examines factors across three primary dimensions: economic integration, policy integration, and innovation resource integration. Each dimension includes specific indicators that reflect the conditions influencing scientific and technological transformation in the Yangtze River Delta regions.

Economic integration is represented by regional economic development levels and the strength of school-enterprise cooperation. To capture regional economic development, this study uses the GDP of each province and city within the Yangtze River Delta, which offers a measure of the broader economic environment impacting universities during the transformation process. School-enterprise cooperation is gauged by the ratio of enterprise-entrusted funds to total university funds. This ratio indicates the extent of collaboration between universities and industry, as such partnerships are known to facilitate the commercialization of innovative technologies and provide businesses with access to new technological solutions (Ankrah & AL-Tabbaa, 2015).

Policy integration is measured through indicators of government support strength and research incentive intensity. Government support is calculated as the ratio of government-allocated funds to total university research funding, reflecting the degree of public investment in higher education research activities. Such support is critical, as government funding often serves as a foundational source for university research and collaborative projects (J. A. Douglass et al., 2018). Research incentive intensity, on the other hand, is measured by the ratio of labor costs to total university expenditures, based on the premise that higher labor expenses contribute to motivating researchers, thereby enhancing engagement in research activities that support technological transformation (A. Suominen et al., 2021).

Innovation resource integration includes variables such as scientific and technological innovation levels, scientific research talent reserves, and research cooperation networks. The level of scientific and technological innovation is considered foundational to the transformation process and is measured through the number of scientific projects, academic publications, and patents produced by universities (D. Ren et al., 2017; Y. Han, 2016). Higher levels of innovation output are typically indicative of more advanced scientific activity within the institution. Talent reserves are measured by the number of full-time R&D personnel, acknowledging that human capital is a central driver of competitiveness and effective scientific transformation (Rahman, 2022). Finally, research cooperation networks are evaluated based on the number of participants involved in collaborative research projects within universities, indicating the extent of external engagement and partnership, which further supports the transformation of scientific achievements (L. Li et al., 2024). *Table 1* presents a detailed summary of these variables and their respective indicators.

3.2.2 Data calibration

Data calibration is essential in the dynamic QCA method as it involves transforming variables into sets based on selected anchor points. This study employs direct calibration, referencing established theories and previous research to set calibration thresholds for consistency and coverage analysis within, between, and pooled groups. Three calibration thresholds were set at the 95% quantile (full membership point), 50% quantile (crossover point), and 5% quantile (not full-membership point) of the sample data. To avoid the fuzzy set membership score of 0.5, which could hinder case categorization, all scores below 1 were adjusted by adding 0.001, following the approach of Fiss (2011). This adjustment maintains relative consistency in membership scores between cases.

To enhance calibration accuracy and consistency, each variable underwent detailed descriptive statistical analysis, which informed the setting of calibration anchor points. This calibration approach standardizes variables within the economic integration (regional economic development levels, school-enterprise cooperation), policy integration (government support strength, research incentive intensity), and innovation resource integration (scientific and technological innovation levels, talent reserves, research cooperation networks) dimensions for the Yangtze River Delta. These calibrated

data lay the foundation for the subsequent dynamic QCA analysis. Calibration results are shown in *Table 2*.

Table 2: Calibrations statistics

4. DATA ANALYSIS AND EMPIRICAL RESULTS

4.1. Necessary conditions analysis

In dynamic QCA analysis, the first step is often to identify which antecedent variables serve as necessary conditions for successful commercialization outcomes. Necessary conditions are critical factors that must be present for high commercialization outcomes to occur, though their presence alone does not guarantee the result (X. Xie et al., 2024). If a necessary condition is absent, the outcome will consistently fail to occur (Rihoux, B., & Ragin, C, 2009). When a necessary condition is identified, it implies that the antecedent variable is indispensable in the model for understanding successful transformation paths.

Dynamic QCA uses consistency and coverage to evaluate the strength of the causal relationship between antecedent variables and the outcome (P. Carmona et al., 2023). Consistency reflects the theoretical relevance of the relationship, while coverage indicates the proportion of cases where this relationship holds. A variable is deemed a necessary condition if its consistency level exceeds 0.9, which is the threshold for considering a condition as necessary for the outcome (Zhao & Li, 2023). In panel data analysis within QCA, if the adjusted distance between groups is less than 0.2, the pooled consistency can be considered reliable for judgment (X. Fan et al., 2023). Conversely, when the adjusted distance exceeds 0.2, further investigation is required to determine the condition's stability as a necessary factor.

This study aims to explore the key conditions promoting high levels of scientific research commercialization within the Yangtze River Delta, focusing on the 'high conditions-high results' model. As indicated in *Table 3*, most antecedent variables in this analysis have adjusted distances exceeding 0.2, and none exhibit pooled consistency values above 0.9. The only condition with an adjusted distance below 0.2 is condition B (school-enterprise cooperation), but its pooled consistency still falls below the 0.9 threshold, suggesting it does not qualify as a necessary condition for commercialization.

Cond ition varia bles	High-scientific and technological achievements transformation in higher education				technological Low-scientific achievements and transformation in higher education				
	Pooled Consist ency	Pooled Coverage	Between consistency	Within consistency	Pooled Consistency	Pooled Coverage	Between consistency	Within consistency	
A	0.771	0.733	0.258	0.652	0.455	0.509	0.349	0.775	
\sim A	0.483	0.43	0.371	0.707	0.761	0.796	0.160	0.299	
B	0.782	0.725	0.156	0.482	0.528	0.575	0.265	0.698	
\sim B	0.542	0.494	0.185	0.652	0.748	0.801	0.287	0.400	
C.	0.509	0.456	0.207	0.800	0.72	0.758	0.211	0.575	
\sim C	0.731	0.69	0.214	0.652	0.484	0.536	0.302	0.865	
D	0.611	0.597	0.356	0.698	0.59	0.678	0.124	0.572	
\sim D	0.671	0.582	0.338	0.509	0.649	0.662	0.185	0.592	
E	0.844	0.836	0.214	0.523	0.425	0.495	0.222	0.781	
\sim E	0.49	0.421	0.432	0.630	0.859	0.866	0.087	0.156	
G	0.763	0.791	0.265	0.542	0.427	0.52	0.342	0.841	

Table 3: Results of univariate analysis of necessary conditions

When the adjusted distance exceeds 0.2, additional checks are needed, including yearly consistency exceeding 0.9, coverage above 0.5, and whether the data points concentrate on the right side of the y-axis (Schneider & Wagemann, 2012). As seen in *Table 4*, conditions such as High C (Government support strength) and High D (Research incentive intensity) do not achieve yearly consistency levels above 0.9, indicating they are not necessary for commercialization outcomes. *Figure 2* shows that conditions High A (Regional economic development level), High E (Scientific and technological innovation level), High G (Scientific research talent reserve), and High H (Research cooperation network) are concentrated on the right side of the y-axis (between 0.7 and 1) but do not meet the 0.9 consistency threshold, further confirming their lack of necessity.

Cause	effect and	Year									
combination		2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
High A		0.432	0.557	0.64	0.962	0.99	0.85	0.724	0.879	0.879	0.849
High C	Between	0.692	0.59	0.507	0.49	0.561	0.544	0.602	0.397	0.446	0.369
High D	consistency	0.504	0.258	0.297	0.547	0.526	0.653	0.685	0.676	0.798	0.799
High E	adjusted	0.582	0.625	0.616	0.961	0.99	0.92	0.868	0.99	0.939	0.903
High G	distance	0.539	0.493	0.554	0.981	0.896	0.693	0.792	0.99	0.837	0.856
High H		0.937	0.887	0.951	0.99	0.896	0.762	0.888	0.82	0.479	0.44

Table 4: *Changes in between group consistency*

4.2. Sufficient condition analysis and conformational results

Configuration analysis, the core of QCA, aims to examine how combinations of different antecedent conditions influence outcomes. The standard for sufficiency is the consistency level, which Schneider, C & Wagemann, C. (2012) suggest should not be lower than 0.75. Prior to sufficiency analysis, it is necessary to determine the consistency threshold and frequency threshold (T. Greckhamer et al., 2018). For small to medium-sized samples, the frequency threshold could be set to 1, while for large samples, it should be greater than 1. Based on previous studies and the specific context of this study, this study set the consistency threshold at 0.9, the frequency threshold at 2, and the PRI threshold at 0.75 (S. Zhang et al., 2023). After constructing the truth table, enhanced standard analysis (ESA) is used to exclude contradictory simplification assumptions from counterfactual analysis. Considering China's vast territory and significant provincial resource differences, it is difficult to uniformly judge the impact of antecedent conditions on outcomes. Thus, this study does not presuppose the direction and instead considers both the presence or absence of conditions. Finally, the enhanced simple solution, intermediate solution, and complex solution are obtained. This strategy helps precisely

analyze the synergistic effects of various factors in enhancing scientific and technological achievements transformation within the Yangtze River Delta integration. The study primarily focuses on the enhanced intermediate solution, supplemented by the enhanced simple solution, to identify core and edge conditions.

4.2.1. Pooled results

Table 5 presents the pooled configuration analysis results. Three configurations (Pathway 1, Pathway 2, and Pathway 3) emerge as sufficient for achieving high levels of scientific research commercialization in the Yangtze River Delta. The overall consistency is 0.912 (greater than 0.75), and the overall coverage is 0.621, indicating that these configurations provide a reliable and comprehensive explanation of the transformation process. The consistency of individual configurations and overall consistency are both greater than 0.8. The within-group consistency distance and between-group consistency distance for individual configurations are all below 0.2, indicating that the overall consistency has strong explanatory power. Based on this, the configurations are less affected by time and spatial factors, and all configurations can sufficiently explain the outcomes.

Condition variable		Configuration /Pathway 1	Configuration /Pathway 2	Configuration /Pathway 3		
Economic	Regional economic development level (A)		٠			
integration	School-enterprise cooperation (B)	(\widehat{x})	\bullet			
Policy	Government support strength (C)		(\widehat{x})	(\widehat{x})		
integration	Scientific research incentive intensity (D)		(\widehat{x})			
Innovation	Scientific and technological innovation level (E)					
resources integration	Scientific research talent reserve (G)					
	Research cooperation network (H)			(\widehat{x})		
Consistency		0.892	0.946	0.964		
PRI		0.683	0.904	0.891		
Original coverage		0.310	0.441	0.297		
Unique coverage		0.086	0.217	0.030		
	Consistency distance between groups	0.024	0.029	0.01		
	Consistency distance within groups	0.13	0.017	0.063		
Overall PRI		0.845				
Overall consistency		0.912				
Overall coverage		0.621				
	condition does not occur; A space indicates that the condition is irrelevant (i.e., it may or may not occur)			Note : \bullet \circ indicates that the core condition appears and does not appear; \circ indicates that the marginal		

Table 5: Antecedent condition configurations for scientific and technological achievements transformation in higher education

Configuration 1 (Pathway 1) combines regional economic development (A), scientific and technological innovation level (E), and scientific research talent reserve (G). This pathway has a consistency score of 0.892 and an original coverage of 0.310. The high consistency suggests that this combination reliably supports commercialization outcomes, while the coverage indicates that it applies to a substantial proportion of cases. The absence of school-enterprise cooperation (B) in this configuration implies that, in economically robust regions with high innovation and talent reserves, formal partnerships with enterprises may be less critical. For example, Shanghai, as a financial and technological hub, relies more on market-driven innovation rather than highly structured academic partnerships (Zhang & Wu, 2012). This pathway reflects a model where a strong economic base,

innovation capabilities, and a rich talent pool create a self-sustaining environment for commercialization, allowing these regions to be less dependent on structured collaborations.

Configuration 2 (Pathway 1) includes regional economic development level (A), school-enterprise cooperation (B), and research cooperation network (H) as core conditions, while government support (C) is a core missing condition and scientific research incentive intensity (D) is a marginal missing condition. This configuration has a high consistency of 0.946 and original coverage of 0.441, indicating both strong reliability and broad applicability in explaining successful commercialization. The results show that when regional economic strength, school-enterprise cooperation, and research networks are in place, the absence of government support does not hinder the commercialization process. In other words, a combination of economic resources and collaborative networks can compensate for the lack of government support, allowing for effective commercialization. This pathway is notably evident in regions like Jiangsu and Zhejiang. For instance, Jiangsu promotes school-enterprise cooperation through initiatives like the Suzhou Industrial Park, where universities and private enterprises collaborate on research projects (Yang, 2023). Similarly, Zhejiang's digital innovation ecosystem benefits from close cooperation between academic institutions and the private sector, particularly in e-commerce and smart manufacturing (L. Ma et al., 2019). This pathway reflects a market-driven model where close cooperation between enterprises and research institutions facilitates research application and commercialization without the need for direct government intervention.

Configuration 3 (Pathway 3) involves regional economic development level (A), scientific and technological innovation level (E), and scientific research talent reserve (G) as core conditions, with government support (C) as a core missing condition and research cooperation network (H) as a peripheral missing condition. This pathway achieves the highest consistency at 0.964, with an original coverage of 0.297, making it the most reliable predictor of successful commercialization outcomes, albeit with narrower applicability. This pathway highlights a model where strong economic development, innovation, and talent reserves are sufficient for commercialization, even without government support or extensive research networks. The peripheral absence of research cooperation network (H) suggests that collaboration among research institutions may be less necessary when regional resources are substantial, indicating that local talent and innovation capabilities can independently drive successful commercialization outcomes. Zhejiang and Shanghai stand out in this configuration. For instance, Shanghai boasts a strong innovation infrastructure and talent resources in fields such as biotechnology, artificial intelligence, and advanced manufacturing, creating a self-sustaining innovation ecosystem (S. L. Sun et al., 2019). Similarly, Zhejiang excels in the digital economy and innovative tech startups, driven by a highly skilled workforce and a conducive innovation environment.

In summary, the pooled results reveal multiple viable pathways to commercialization, highlighting the importance of regional economic development level (A) across all configurations. This emphasizes the foundational role of a strong economic base in supporting research commercialization. Furthermore, government support (C) appears as a core missing condition in two pathways, demonstrating that successful commercialization can be achieved in a market-driven environment without direct government involvement when other conditions, such as partnerships or local resources, are sufficiently robust.

4.2.2. Between results

In the between-group analysis, each configuration is assessed across different regions within the Yangtze River Delta to determine the stability and applicability of these pathways across varied contexts. As shown in *Table 5*, the between-group consistency distances of the three configurations are all below 0.2, indicating no significant time effects. The consistency across clusters is visually represented in *Figures 3, 4, and 5* for Configurations 1, 2, and 3, respectively.

Figure 3: Configuration 1

Configuration 1 (*Figure 3*), which includes regional economic development (A), scientific and technological innovation (E), and scientific research talent reserve (G) as core conditions (with the absence of school-enterprise cooperation (B)), generally maintains high consistency across clusters, remaining above the 0.75 threshold throughout most of the period.

However, there is a slight dip in consistency around 2016 and 2022, with values closer to the 0.75 threshold. The decline in 2016 can be attributed to the restructuring of the regional economic industrial base. The Yangtze River Delta had traditionally relied on manufacturing as an economic pillar (Y. Yang, et al., 2022). Besides, in 2016, the Chinese government prioritized and promoted a shift toward innovation-driven and high-tech industries. This transition temporarily disrupted the established industrial structure and regional economy. The mismatch between traditional and emerging industries during this period contributed to the decline in consistency, slowing the momentum that had previously driven regional innovation.

Similarly, the dip around 2022 reflects the economic effects of the post-COVID-19 period, affecting talent mobility and regional innovation output. Pandemic-related control measures restricted international talent mobility (L. Piccoli et al., 2021). Yangtze River Delta relies on international highend talent as an innovation hub, it was unable to fully utilize global research resources during this period. This led to delays or cancellations of innovation collaboration projects, affecting progress in high-tech sectors.

Despite these minor fluctuations, the pathway remains robust, indicating that economically advanced areas with strong innovation capacity and talent resources can achieve commercialization outcomes without relying heavily on structured school-enterprise collaborations.

Configuration 2 (*Figure 4*) comprises regional economic development (A), school-enterprise cooperation (B), and research cooperation network (H) as core conditions, with government support (C) as a core missing condition and scientific research incentive intensity (D) as a peripheral missing condition. While this configuration displays stable consistency, there is a notable dip around 2016 where the value briefly drops below 0.75.

The "Mass Entrepreneurship and Innovation" strategy introduced in 2015 and 2016 encouraged universities and enterprises to pursue independent innovation activities (Z. Li et al., 2018). During

this period, these regions have experienced shifts in school-enterprise partnerships and collaboration structures, which have influenced the effectiveness of this pathway. Additionally, the revised "Law on Promoting the Transformation of Scientific and Technological Achievements," implemented in 2016, aimed to strengthen legal support for research transformation. After 2016, the consistency stabilizes, suggesting that reestablished or strengthened partnerships helped maintain the pathway's effectiveness in commercialization without government intervention. This configuration appears particularly relevant in regions where industry-academic partnerships and collaborative networks play a significant role in facilitating research-to-market transformation, compensating for limited direct government funding.

Figure 5: Configuration 3

Configuration 3 (*Figure 5*) features regional economic development (A), scientific and technological innovation (E), and scientific research talent reserve (G) as core conditions, with government support (C) as a core missing condition and research cooperation network (H) as a peripheral missing condition. This configuration maintains relatively high consistency across clusters, staying mostly above 0.75, with slight dips observed from 2019 to 2021.

The decline in consistency in 2019 can be attributed to economic fluctuations. China's economy slowed in 2019 due to internal and external pressures, such as the U.S.-China trade war (Pencea, 2019). The slowdown, along with supply chain disruptions, affected manufacturing output, investment, and exports, weakening the economic foundation needed for research transformation. The drop in consistency from 2020 to 2021 was directly caused by the COVID-19 pandemic. The pandemic limited the movement of researchers both domestically and internationally, while the temporary shift in funding priorities (toward pandemic-related research) reduced the ability to conduct scientific research in non-pandemic-related areas.

Nevertheless, the generally high consistency values suggest that regions with substantial economic, innovation, and talent resources can drive commercialization without heavy reliance on government support or extensive research cooperation networks. The resilience of this pathway across clusters indicates that strong local resources can sustain commercialization efforts independently, even amidst broader economic shifts.

4.2.3. Within results

The within-group analysis examines the consistency and explanatory power of each configuration across the regions within the Yangtze River Delta: Shanghai, Anhui, Jiangsu, and Zhejiang. Similar to the between-group analysis, the within-group consistency distances for Configurations 2 and 3 are below 0.2, indicating no significant differences in explanatory power across provinces. As shown in *Table 5*, Shanghai, Jiangsu, and Zhejiang exhibit high consistency in all configurations, while Anhui shows a lower consistency, particularly in Configurations 1 and 3, where values fall below 0.9. This discrepancy highlights regional variation, with Anhui demonstrating a weaker alignment with these configurations, possibly due to differences in economic development, innovation infrastructure, or collaborative networks compared to the more developed provinces.

Configuration 2 passed both normality and homogeneity tests, making it suitable for one-way ANOVA analysis. As shown in *Table 6*, the ANOVA results indicate a mean consistency of 0.954 with a standard

deviation of 0.036, and the Shapiro-Wilk (S-W) value of 0.968 confirms normality. This high consistency across regions suggests that Configuration 2's reliance on regional economic development (A), school-enterprise cooperation (B), and research cooperation network (H) as core conditions is well-suited for each province, especially in Jiangsu and Zhejiang, where collaborative networks and enterprise partnerships are strong. *Figure 6* shows high consistency for Configuration 2 across regions, with values ranging from 0.91 in Anhui to 0.99 in Shanghai. This result illustrates that this configuration can effectively support commercialization in various regional contexts, where established school-enterprise networks offset the need for direct government support.

Table 6: Results of the ANOVA

Configuration 2 demonstrates high coverage in Jiangsu (0.765) and Zhejiang (0.699) (*Table 7*), indicating that this configuration is particularly well-suited to these regions. In Jiangsu, the high-tech manufacturing sector relies heavily on school-enterprise collaboration. Industrial parks and research institutions work closely with local businesses to meet industry needs, aligning well with Configuration 2's focus on school-enterprise networks. Zhejiang, known for its entrepreneurial culture and strong private sector, also benefits from Configuration 2. Firms in Zhejiang actively engage with academic institutions to drive technological advancement, which supports commercialization efforts.

The lower coverage in Anhui (0.201) and Shanghai (0.146) may reflect the different commercialization dynamics in these regions. In Anhui, a less developed industrial ecosystem may hinder effective school-enterprise collaboration, reducing the applicability of Configuration 2. In Shanghai, where government-backed initiatives often play a significant role, the city may rely more on formalized, top-down commercialization approaches rather than purely market-driven partnerships, which could explain the lower fit for this configuration.

Table 7: Within-groups coverage results for scientific and technological achievements transformation in higher education

Configurations 1 and 3 demonstrate the highest coverage in Zhejiang, highlighting that Zhejiang's local economic and innovation resources are well-suited to these internal-resource-driven models. Both configurations focus on regional economic development (A), scientific and technological innovation level (E), and scientific research talent reserve (G), while minimizing reliance on schoolenterprise cooperation (B) and government support (C).

As shown in *Table 7*, Zhejiang has the highest coverage for both configurations, with 0.519 for Configuration 1 and 0.851 for Configuration 3. Zhejiang's vibrant private sector, marked by numerous high-tech firms and an entrepreneurial culture, allows the region to leverage internal resources for commercialization without significant external support. This aligns well with Configurations 1 and 3, which prioritize independent commercialization based on local resources. *Figure 7* further supports this alignment, showing high consistency values of 0.979 for Configuration 1 and 0.976 for Configuration 3 in Zhejiang, confirming that Zhejiang's commercialization efforts are well-supported by its local innovation infrastructure.

Figure 7: Consistency of Configuration 1 and 3

Shanghai shows moderate coverage for Configuration 1 (0.467) but lower coverage for Configuration 3 (0.137). This suggests that Shanghai's commercialization model can partially align with an internalresource-driven approach but generally relies on more structured networks or government-backed initiatives, which Configuration 3 lacks. Although Shanghai's economic and technological sectors provide robust support for commercialization under Configuration 1 (as indicated by its high consistency of 0.999 in *Figure 7*), the city's preference for formalized partnerships likely explains the reduced fit for Configuration 3.

Anhui and Jiangsu show significantly lower coverage for both Configurations 1 and 3. Anhui's coverage is 0.251 for Configuration 1 and 0.201 for Configuration 3, reflecting the region's limitations in economic and innovation infrastructure that make independent commercialization challenging. Anhui may require more structured partnerships or government support to effectively commercialize research. Similarly, Jiangsu shows a lower coverage of 0.141 for Configuration 1 and 0.297 for Configuration 3, suggesting that while it has substantial resources, the region's commercialization strategy favors collaborative networks rather than purely internal resources. The consistency values in *Figure 7* (0.725 for Configuration 1 and 0.469 for Configuration 3 in Anhui) further indicate that Anhui and Jiangsu may struggle to apply these configurations effectively.

The Kruskal-Wallis H Test results in *Table 8* indicate no statistically significant differences across regions for Configurations 1 and 3 ($p = 0.392$), despite the variability in coverage. This suggests that while Configurations 1 and 3 can apply to different regions, their effectiveness depends heavily on the strength of each region's economic and innovation resources.

	Mean	SD	
Configuration / Pathway 1 Consistency	0.855	0.258	0.392
Configuration / Pathway 3 Consistency	0.925	0.134	0.392

Table 8: Results of the Kruskal-Wallis H Test

5. CONCLUSION

5.1. Discussion

This study highlights distinct regional dynamics within the Yangtze River Delta that influence the effectiveness of various commercialization models for scientific and technological achievements in higher education. The results underscore the necessity of tailoring commercialization strategies to each region's unique economic structure, innovation capacity, and collaboration landscape.

Zhejiang demonstrates a strong alignment with configurations reliant on internal resources, reflecting the region's robust private sector, innovation infrastructure, and high levels of economic autonomy in commercialization. The results suggest that Zhejiang's commercialization strategy can effectively focus on reinforcing private-sector-led innovation with selective partnerships that complement its established capabilities. Policies that incentivize private-sector investment in commercialization projects, alongside targeted support for industry-academic collaborations, could enhance Zhejiang's flexibility, enabling it to maximize outcomes under both independent and partnership-driven models. Maintaining this adaptability will allow Zhejiang to continue leveraging its entrepreneurial culture and technological assets to support sustainable commercialization.

Shanghai, with its preference for structured, government-supported commercialization, reveals the benefits of integrating market-driven initiatives within a structured model. Shanghai's approach, while effective within its established framework, may benefit from policies that encourage increased private-sector participation in the commercialization process. A balanced model that retains core government support while incentivizing private-sector involvement could offer Shanghai greater agility in adapting to shifting market demands and emerging innovation trends. Policymakers could consider mechanisms such as public-private partnerships, innovation grants, and tax incentives for private investment in commercialization projects, thereby broadening Shanghai's strategic scope while retaining the stability of its government-backed framework.

Jiangsu shows a high alignment with collaborative models, particularly those that emphasize schoolenterprise cooperation and research networks, underscoring the role of industry-academic partnerships in the region's commercialization success. Jiangsu's industrial base, particularly within the high-tech manufacturing sector, relies heavily on these collaborations to adapt research outputs for practical applications. To maintain and expand this momentum, Jiangsu could prioritize policy measures that support infrastructure development for collaborative projects, increase funding for joint industry-academia initiatives, and facilitate access to cross-regional research networks. This partnership-focused strategy aligns well with Jiangsu's current industrial structure and will ensure that commercialization efforts remain closely tied to market needs, fostering a more resilient and responsive commercialization ecosystem.

Anhui exhibits the greatest need for foundational investment in both internal resources and external networks, as current limitations in economic and innovation infrastructure hinder the region's ability to support either independent or collaboration-based commercialization models effectively. The results suggest that Anhui requires a dual strategy focused on building internal economic and innovation capacity while establishing new collaborative partnerships. Government-led initiatives to attract investment in research facilities, foster talent development, and support school-enterprise partnerships could provide the structural foundation Anhui needs to engage more actively in commercialization. Furthermore, targeted incentives to facilitate knowledge transfer, such as grants for collaborative projects and subsidies for industry-academia partnerships, would help bridge existing gaps, positioning Anhui to adopt a more balanced and sustainable commercialization approach over time.

5.2. Theoretical implications

This study enriches the theoretical understanding of determinants and transformation paths in the commercialization of scientific research within the context of the Yangtze River Delta. Unlike previous studies that focus on isolated variables, this research adopts a dynamic QCA approach to integrate economic development, policy support, and innovation resource factors within a unified framework grounded in interface theory. By analyzing the interactions among seven secondary conditions across these dimensions, this study reveals the intricate causal mechanisms that drive effective commercialization pathways in higher education.

Additionally, this study is the first to apply the dynamic QCA to examine the commercialization of scientific research in the Yangtze River Delta over time, utilizing provincial panel data from 2013 to 2022. This longitudinal approach advances beyond traditional regression and cross-sectional analyses by capturing both temporal dynamics and configuration effects. This methodology enables a more nuanced understanding of how provincial differences in consistency and coverage influence commercialization outcomes, thereby enhancing the analytical scope and contributing to a multidimensional framework for studying regional integration's impact on the transformation of scientific research achievements.

5.3. Practical implications

From a policy perspective, this study provides actionable insights for designing targeted commercialization strategies that align with each region's strengths and developmental needs. Policymakers in regions like Zhejiang, which exhibit strong internal resources, can focus on policies that further incentivize private-sector investment and selective partnerships to enhance independent commercialization. For Shanghai, where structured, government-backed models prevail, there is a clear opportunity to introduce policies that encourage more market-driven collaborations, potentially through public-private partnerships or incentives for private investment in innovation. Jiangsu's reliance on collaborative networks suggests that enhancing funding and support for industry-academia partnerships would sustain its commercialization momentum. In contrast, Anhui's need for foundational investments indicates a priority for policies that build internal capacity and foster new collaborative networks. These policy recommendations support regional economic growth by aligning commercialization efforts with local capabilities and challenges, thereby maximizing the impact of scientific and technological achievements.

Practically, the findings provide valuable insights for university administrators, industry leaders, and regional development agencies seeking to optimize the commercialization of research. Universities in regions with strong private sectors, such as Zhejiang, may focus on fostering relationships with local industries, while universities in areas like Jiangsu could prioritize establishing and expanding research networks with high-tech firms. For regions with emerging innovation ecosystems, like Anhui, universities and industry stakeholders might concentrate on building foundational collaborations, securing funding, and developing research capabilities to support effective commercialization pathways. Development agencies can use these insights to craft programs that facilitate knowledge exchange and technology transfer, ensuring that research outputs are translated into economic benefits across diverse regional contexts.

5.4. Limitations and suggestions for future research

While this study offers valuable insights into the commercialization of scientific research in the Yangtze River Delta, several limitations warrant consideration. First, the study is region-specific, focusing exclusively on the Yangtze River Delta, which may limit the generalizability of findings to other regions with differing economic, policy, and innovation landscapes. Future research could expand this framework to other regions within China or internationally to assess the adaptability and relevance of the identified commercialization pathways in varying contexts.

Second, while the dynamic QCA method allows for a nuanced analysis of causal configurations over time, it remains dependent on the availability and quality of panel data. In this study, data from 2013 to 2022 was utilized, but the scope of analysis could be enriched by including more recent data as it becomes available, especially considering rapid technological and policy changes.

Lastly, this study focuses on seven secondary conditions based on economic, policy, and innovation resource integration. While these factors are crucial, future research could explore additional variables, such as institutional support structures, specific industry characteristics, or international collaborations, to deepen the understanding of commercialization drivers. Extending the framework to include these variables could uncover new configurations and pathways that further enhance the theoretical understanding of scientific research commercialization.

Credit authorship contribution statement

Zhang Yuxin: Conceptualization, Data curation, Formal analysis, Investigation, Methodology, Resources, Software, Writing–original draft, Writing–review & editing.

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